

Model #: \_\_\_\_\_  
Serial #: \_\_\_\_\_  
Date: \_\_\_\_\_

Provider Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Contact Person: \_\_\_\_\_

**Things to Remember While Using Oxygen:**

- Change nasal cannula and/or oxygen mask every two weeks. (Picture 1)
- Change oxygen tubing every three months. (Picture 2)
- Clean humidifier bottle twice weekly with hot soapy water. If you have a disposable humidifier bottle, it should be changed monthly. (Picture 3)
- Call your physician if you experience frequent headaches, anxiety, blue lips or fingernails, drowsiness, confusion, restlessness, or slow, shallow, or irregular breathing.

**Picture 1**



**Picture 2**



**Picture 3**



**Safety Issues:**

- DO NOT smoke while using oxygen.
- DO NOT stand within five feet of someone who is smoking while you are on oxygen.
- Keep NO SMOKING signs posted in your place of residence.
- Keep heat sources at least five feet away from you and your oxygen tubing.
- DO NOT use an oil-based product (i.e. Petroleum jelly) for nose irritation, instead use a water-based product.
- Keep oxygen cylinders stored in a well-ventilated area. If cylinders cannot be secured in an upright position, lay them on their sides.
- DO NOT change your oxygen flow rate without consulting your physician.

**Please contact your equipment provider for any questions, adjustments, or repairs.**